


allthingsautism ltd@gmail.com

01895 649211

<https://allthingsinclusionandautism.com>

## Workshops for parents / carers (and practitioners) -Spring term 2026

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| <p><b>All things visual strategies</b><br/>Supporting autistic children / those with communication difficulties with visual strategies - why use visuals, which visuals to use and how to use them?<br/><b>Friday 13th February 2026</b><br/><b>10 - 11.30am</b><br/>Online - via Zoom<br/>£36 plus VAT per person</p> | <p><b>Pathological Demand Avoidance (PDA)</b><br/>Understanding PDA and practical strategies to support<br/><b>Wednesday 4th March 2026</b><br/><b>9.30 - 11.30am</b><br/>Online - via Zoom<br/>£44 plus VAT per person</p>   |
| <p><b>All things communication and play:</b><br/>Supporting autistic children with communication and play skills - laughing and learning together<br/><b>Thursday 5th March 2026</b><br/><b>9.30am - 12</b><br/>Online via Zoom<br/>£51 plus VAT per person</p>  | <p><b>Autism and Girls</b><br/>Exploring differences and diagnosis .<br/>Understanding how autism impacts on girls and strategies and ideas to support them<br/><b>Monday 2nd March 2026</b><br/><b>10 - 11.30am</b><br/>Online via Zoom<br/>£36 plus VAT per person</p>  |
| <p><b>All things behaviour</b> - supporting positive behaviours for autistic children<br/><b>Thursday 29th January 2026</b><br/><b>9.30am - 12</b><br/>Online via Zoom<br/>£51 plus VAT per person</p>                              | <p><b>All things sensory processing</b> - a workshop exploring the sensory needs of autistic children and practical strategies to support their needs<br/><b>Thursday 12th February 2026</b><br/><b>9.30am - 12</b><br/>Online via Zoom<br/>£51 plus VAT per person</p>  |

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| <p><b>All Things Toileting</b><br/>Exploring the challenges around toilet training for autistic children and practical strategies to support them<br/><b>Tuesday 3rd February 2026</b><br/><b>10 - 11.30am</b><br/>Online via Zoom<br/>£36 plus VAT per person</p>                          | <p><b>Gestalt Language Processing</b><br/>How to support early language skills for young children including Gestalt learners<br/><b>Wednesday 11th March 2026</b><br/><b>10 - 11.30am</b><br/>Online via Zoom<br/>£36 plus VAT per person</p>  |
| <p><b>All Things Sleep -</b><br/>Looking at the challenges around sleep and bedtime for autistic children, and practical strategies to support<br/><b>Tuesday 24<sup>th</sup> March 2026</b><br/><b>10 – 11:30am</b><br/>Online via Zoom<br/>£36 plus VAT per person</p>                    | <p><b>ADHD</b><br/>Understanding ADHD in young children and practical ideas to support them<br/><b>Wednesday 21st January 2026</b><br/><b>10-11.30am</b><br/>Online via Zoom<br/>£36 plus VAT per person</p>   |
| <p><b>Supporting children with Bereavement and Loss</b><br/>Looking at the impact of bereavement and loss on young children and strategies to support them<br/><b>Tuesday 10th March 2026</b><br/><b>10 - 11.30am</b><br/>Online via Zoom<br/>£36 plus VAT per person</p>                   | <p><b>Promoting positive mental health in young children</b><br/>Examining causes of mental health difficulties, learning about anxiety and trauma<br/><b>Thursday 19<sup>th</sup> March 2026</b><br/><b>9.30 am - 12</b><br/>Online via Zoom<br/>£51 plus VAT per person</p>  |
| <p><b>Selective Mutism</b><br/>Understanding the causes of selective mutism (situational mutism) and practical strategies to support children in early years and primary<br/><b>Monday 23rd February 2026</b><br/><b>9.30 - 11.30am</b><br/>Online via Zoom<br/>£44 per person plus VAT</p> | <p><b>Introduction to Signalong</b> Signalong is a sign supported communication system for children with additional needs, supporting the development of speaking and understanding. This course will introduce you to the Signalong and you will learn some everyday signs that you can use in your home or school/setting.<br/><b>Friday 27<sup>th</sup> February 2026</b><br/><b>9:30-11:30am</b><br/>Online via Zoom<br/>£44 per person plus VAT</p> |

**The Curiosity Programme****(Face to Face training)**

Supporting young children with social interaction or social communication needs (with or without a diagnosis of autism) that may not yet be developmentally ready for group intervention.

Covering all 4 stages of the Curiosity programme. You will learn how to get started, make connections and nurture social communication

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**Friday 20<sup>th</sup> March 2026**

**9am-4pm**

St Giles' Church Hall

Corner of, Swakeleys Road High Road

Ickenham

UB10 8BG

Contact Jaci Smith or Nikki Duhig at [allthingsautism ltd@gmail.com](mailto:allthingsautism ltd@gmail.com) or 01896 649211 to book your place/s